



PRACTICAL WORKSHOP CHOICES

1) DRAWING RUDOLF STEINER'S PLANETARY SEALS

Briar Grimley

Let yourself flow with the weaving rhythms of Space and Time, and allow these harmonies to sound in the inner life of the teacher. Drawing and gazing on these forms prepares us spiritually for the changes the future will bring. This workshop includes showing how Rudolf Steiner used metamorphosis to build up the inner structures of these forms which capture the essence of human and earth evolution.

2) INSPIRATION THROUGH THE ART OF MANDALAS

Lindy Brittnell

Carl Jung said of mandalas: *"In accord with the Eastern conception, the mandala symbol is not only a means of expression, but works an effect. It reacts upon its maker. Very ancient magical effects lie hidden in this symbol...the magic of which has been preserved in countless folk customs."*

Through freehand geometry you will discover the infinite possibilities of the straight and the curved line, imbued with colour. You will experience, while working with number and form, unique creations which enable perspective and balance, and explore an inner observation and visual perception of the outer form which is individualized by colour. Please bring a set of good quality colour pencils.

3) ILLUMINATION

Michaël Merle

The ancient sacred art of Celtic illumination as first practised in places like Iona and Lindisfarne provide us with a wonderful way of working with colour as a force of light upon the page to illuminate a design or word that speaks to the sacred in everyday life. This workshop will provide a brief introduction to this great art. No previous experience is required and all the materials will be provided.

4) CREATING FLEXIBLE BALANCE – a tone Eurythmy exploration.

Silke Sponheuer

Tone Eurythmy invites the participants to be in constant flow, and to create a holding, living centre, while simultaneously enlarging the consciousness of the periphery. Striving to create balance all the time in our life and our teaching is a Michaelic approach. We will work with the image of Michael holding the scales.





5) FROM PAGE TO STAGE

Saul Chanarín and Norman Skillen

There's a whole world of difference between words on a page and action on a stage, as any class teacher well knows – how do you transform the abstract text into the concrete life of dramatic action? In this workshop you will have a chance to try out some artistic tools for effecting this transformation, with you as the instrument. To this end we invite you to bring along a short text of some kind – a poem, a fable, an extract from a play, a novel, a science book (we will also suggest some material) – and we will, over the three days, dramatize the chosen extracts and string them together into a short (exciting, startlingly coherent) performance.

6) CHANGE IN PERCEPTION, PERCEPTION IN CHANGE – a social Eurythmy Workshop

Liz Smith

"The way in which we attend to the world changes the nature of the world we attend to."

Ian McGilchrist

An exploration of the relationship between inner and outer; the meeting and impact of what we bring and how we 'see' with and on the world we are perceiving, in the midst of constant movement and change.

7) FINDING THE BALANCE – a movement Eurythmy Workshop

Michelle Kaplan

"Human beings throughout their lives are permanently beset by two dangers: deviations in one of two directions - the Luciferic or the Ahrimanic. In the middle, the human being who as third element in the state of equilibrium between the two, must find his Divine Essence."

R. Steiner.

Are we able to transform the harmful effects of these and other counter-forces threatening our human existence? Through movement Eurythmy offers insight into finding a balance and meeting this challenge of change in our time - for ourselves, the world and the young people in our care. This workshop has been inspired by R. Steiner's Mystery Dramas and Goethe's Faust.

It is recommended that those attending Michael Merle's pedagogical workshop in the morning would deepen their experience by attending this workshop as well.





8) MAKING A "D" SILVER RING

Marcus Mercer

Participants will take on the challenge to construct and finish off a custom made ring. This workshop is an introduction to jewellery making, by learning to make a simple "D" shaped ring out of silver, and by witnessing the process of manipulating the raw silver shot into usable bar.

9) FELTING WORKSHOP FOR BEGINNERS

Sheilagh Dobson

The felting workshop is aimed at beginners who have not made felt before. It uses carded unspun wool which is carefully layered and then dampened down with soapy water and then treated with more vigour to start a shrinking process. It is surprising to see the change of the soft carded wool into a piece of fabric which is strong and water resistant. We can make a variety of articles ranging from cushion covers or mats to a tea cosy or even a book cover.

10) SINGING AND MUSIC AS A HEALING SOCIAL IMPULSE

Christina Goodall

We will explore sound as movement and touch on many other senses involved. We will practice to free our own voices and how to ignite a spark of joy and enthusiasm in our primary school children through music

11) CHANGE YOUR ANGLE, CHANGE YOUR SCRIPT – experiencing Uncials

Corisamaría Bredenkamp

The workshop serves as an invitation to experience both the emotions that accompany change and learning to form the uncial letters in calligraphy. We will use pencils and chalk for our writing. The aim is not to become masters of the script in the 3 workshops, but it will definitely serve as a preparation for change!

12) BOOKBINDING

Ginty O'Conner and Nick Shaw

In this three day workshop we will cover the basics of bookbinding, and go through the processes to finally produce your own, fully bound, hardcover A5 notebook.





13) MAKING PUPPETS

Eve Blewett

Participants in this workshop will make various small hand-sized puppets for play and storytelling in the Kindergarten.

14) BEAD WORK

Nomathemba Tindlini

Waiting details

15) TEACHING AND LEARNING IN THE OUTDOOR CLASSROOM

Jo Fuller and Derek Oxlee

This workshop is based on the idea that the outdoor environment is a vast science laboratory filled with real life adventures, experiments and experiences that if creatively utilized by teachers can transform into an outdoor classroom, where a wealth of new skills and knowledge can be learned and where many areas of our wonderful Waldorf curriculum can be enriched, enhanced and consolidated, through authentic experiential learning. This practical, hands-on workshop will have a particular focus on gardening and the growing of food as a means of enriching the soil, the child and the planet.

